



WATERFOOT CENTRE : 52 BRIDLEWAY, WATERFOOT, ROSSENDALE BB4 9DS
 RAMSBOTTOM CENTRE : BUCHANAN SPORTS & SOCIAL CLUB, BUCHANAN STREET, RAMSBOTTOM BL0 9JF
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WELCOME TO OUR ADULT TIMETABLE DECEMBER 2017

OUR FABULOUS TEAM OF DANCE AND FITNESS TEACHERS LOOK FORWARD TO WELCOMING YOU OUR EXCITING RANGE OF CLASSES FOR ANYONE AGED 14YRS AND ABOVE!

MONDAY

CLASS	TIME	WHERE	WHICH STUDIO	FOR BEGINNERS?
STREET CREW (COMPETITIVE STREET CREW)	8.00-9.00	WATERFOOT	UPPER 4	YES
ZUMBA FITNESS	5.30-6.30	RAMSBOTTOM	LOWER	YES
JAZZ	6.30-7.00	RAMSBOTTOM	UPPER	YES
BALLET	7.00-7.30	RAMSBOTTOM	UPPER	YES
TAP	7.30-8.00	RAMSBOTTOM	UPPER	YES
LEGS, BUMS & TUMS	7.30-8.30	RAMSBOTTOM	LOWER	YES
BALLET	8.00-9.00	RAMSBOTTOM	UPPER	NO
DANCILATES	9.00-9.30	RAMSBOTTOM	UPPER	YES

TUESDAY

CLASS	TIME	WHERE	WHICH STUDIO	FOR BEGINNERS?
TAP	7.30-8.30	WATERFOOT	LOWER 2	NO
BALLET	8.30-9.30	WATERFOOT	LOWER 2	YES
BELLY/BHANGRA	6.30-7.00	RAMSBOTTOM	UPPER	YES
ZUMBA FITNESS	7.00-8.00	RAMSBOTTOM	LOWER	YES
WESTERN LINE	8.00-9.00	RAMSBOTTOM	LOWER	YES
STREET FIT	8.00-9.00	RAMSBOTTOM	UPPER	YES

WEDNESDAY

CLASS	TIME	WHERE	WHICH STUDIO	FOR BEGINNERS?
KEEP FIT FOR THE OVER 60'S WITH JUDY ROBBINS (NOT INCLUDED IN THE MONTHLY SAVER)	10.00-11.00	WATERFOOT	UPPER 4	YES
BALLROOM, LATIN & SEQUENCE LEVEL 3	7.00-8.00	WATERFOOT	UPPER 4	NO
SALSACISE	8.00-8.45	WATERFOOT	UPPER 4	YES
BALLROOM, LATIN & SEQUENCE LEVEL 2	8.45-9.45	WATERFOOT	UPPER 4	YES
BURLESQUE	7.30-8.30	RAMSBOTTOM	LOWER	YES

THURSDAY

CLASS	TIME	WHERE	WHICH STUDIO	FOR BEGINNERS?
WESTERN LINE	12.30-1.30	WATERFOOT	LOWER 2	YES
ZUMBA FITNESS	1.30-2.30	WATERFOOT	UPPER 4	YES
SALSACISE	6.30-7.15	RAMSBOTTOM	LOWER	YES

FRIDAY

CLASS	TIME	WHERE	WHICH STUDIO	FOR BEGINNERS?
BALLROOM, LATIN & SEQUENCE LEVEL 4	7.45-8.45	WATERFOOT	UPPER 4	NO

FOR ENTRY TO UNLIMITED CLASSES AT WATERFOOT AND/OR RAMSBOTTOM MONTHLY SAVER TICKETS ARE AVAILABLE AT **JUST £19.99!** THIS CONTINUES TO BE AN UNBEATABLE OFFER WITH NO OBLIGATIONS – THE CHOICE IS YOURS!!
PAY AS YOU GO IS ALSO AVAILABLE –

£4 PER HOUR, £3 PER ¾ HOUR, £2 PER ½ HOUR CLASSES (ALSO UNBEATABLE!!)