



WATERFOOT CENTRE : 52 BRIDLEWAY, WATERFOOT, ROSSENDALE BB4 9DS

RAMSBOTTOM CENTRE : BUCHANAN SPORTS & SOCIAL CLUB, BUCHANAN STREET, RAMSBOTTOM BL0 9JF

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## WELCOME TO OUR ADULT TIMETABLE DECEMBER 2016

OUR FABULOUS TEAM OF DANCE AND FITNESS TEACHERS LOOK FORWARD TO WELCOMING YOU OUR EXCITING RANGE OF CLASSES FOR ANYONE AGED 14YRS AND ABOVE!

### MONDAY

CLASS	TIME	WHERE	WHICH STUDIO	FOR BEGINNERS
ZUMBA FITNESS	5.30 – 6.30	RAMSBOTTOM	LOWER	YES
JAZZ	6.30 – 7.00	RAMSBOTTOM	UPPER	YES
BALLET	7.00 – 7.30	RAMSBOTTOM	LOWER	YES
TAP	7.30 – 8.00	RAMSBOTTOM	LOWER	YES
LEGS, BUMS & TUMS	7.30 – 8.30	RAMSBOTTOM	LOWER	YES
BALLET	8.00 – 9.00	RAMSBOTTOM	UPPER	NO
DANCILATES	9.00 – 9.30	RAMSBOTTOM	UPPER	YES

### TUESDAY

CLASS	TIME	WHERE	WHICH STUDIO	FOR BEGINNERS
TAP	7.30 – 8.30	WATERFOOT	LOWER 2	NO
BALLET	8.30 – 9.30	WATERFOOT	LOWER 2	YES
BALLROOM, LATIN & SEQUENCE LEVEL 3 <small>NOT INCLUDED IN THE MONTHLY SAVER</small>	7.30 – 8.30	WATERFOOT	UPPER 4	NO
BELLY/ BHANGRACISE	6.30 – 7.00	RAMSBOTTOM	UPPER	YES
ZUMBA FITNESS	7.00 – 8.00	RAMSBOTTOM	UPPER	YES
WESTERN LINE	8.00 – 9.00	RAMSBOTTOM	UPPER	YES

### WEDNESDAY

CLASS	TIME	WHERE	WHICH STUDIO	FOR BEGINNERS
KEEP FIT FOR THE OVER 60's WITH JUDITH ROBBINS <small>NOT INCLUDED IN THE MONTHLY SAVER</small>	10.00-11.00	WATERFOOT	UPPER 4	YES
BALLROOM, LATIN & SEQUENCE LEVEL 2	7.00 - 8.00	WATERFOOT	UPPER 4	NO
SALSACISE	8.00 – 8.45	WATERFOOT	LOWER 2	YES
BALLROOM, LATIN & SEQUENCE LEVEL 1	8.45 - 9.45	WATERFOOT	UPPER 4	YES
TAP	7.30 – 8.30	RAMSBOTTOM	LOWER	NO

### THURSDAY

CLASS	TIME	WHERE	WHICH STUDIO	FOR BEGINNERS
WESTERN LINE	12.30 - 1.30	WATERFOOT	UPPER 4	YES
ZUMBA FITNESS	1.30 – 2.30	WATERFOOT	UPPER 4	YES
SALSACISE	6:30 – 7.15	RAMSBOTTOM	LOWER	YES

### FRIDAY

CLASS	TIME	WHERE	WHICH STUDIO	FOR BEGINNERS
BALLROOM, LATIN & SEQUENCE LEVEL 4 <small>NOT INCLUDED IN THE MONTHLY SAVER</small>	7.30 – 8.30	WATERFOOT	UPPER 4	NO

FOR ENTRY TO UNLIMITED CLASSES AT WATERFOOT AND/OR RAMSBOTTOM MONTHLY SAVER TICKETS ARE AVAILABLE AT **JUST £19.99!**  
THIS CONTINUES TO BE AN UNBEATABLE OFFER WITH NO OBLIGATIONS –  
THE CHOICE IS YOURS!!

PAY AS YOU GO IS ALSO AVAILABLE –  
£4 PER HOUR, £3 PER ¾ HOUR, £2 PER ½ HOUR CLASSES  
(ALSO UNBEATABLE!!)