



WATERFOOT CENTRE : 52 BRIDLEWAY, WATERFOOT, ROSSENDALE BB4 9DS

RAMSBOTTOM CENTRE : BUCHANAN SPORTS & SOCIAL CLUB, BUCHANAN STREET, RAMSBOTTOM BL0 9JF

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## WELCOME TO OUR ADULT TIMETABLE JUNE 2017

OUR FABULOUS TEAM OF DANCE AND FITNESS TEACHERS LOOK FORWARD TO WELCOMING YOU OUR EXCITING RANGE OF CLASSES FOR ANYONE AGED 14YRS AND ABOVE!

### MONDAY

| CLASS   | TIME        | WHERE      | WHICH STUDIO | FOR BEGINNERS |
|---|-------------|------------|--------------|---------------|
| STREET CREW<br>COMPETITIVE STREET<br>CREW FOR PARENTS | 8.00 - 9.00 | WATERFOOT  | STUDIO 4     | YES           |
| ZUMBA FITNESS   | 5.30 – 6.30 | RAMSBOTTOM | LOWER        | YES           |
| JAZZ  | 6.30 – 7.00 | RAMSBOTTOM | UPPER        | YES           |
| BALLET  | 7.00 – 7.30 | RAMSBOTTOM | LOWER        | YES           |
| TAP   | 7.30 – 8.00 | RAMSBOTTOM | LOWER        | YES           |
| LEGS, BUMS & TUMS                                     | 7.30 – 8.30 | RAMSBOTTOM | LOWER        | YES           |
| BALLET  | 8.00 – 9.00 | RAMSBOTTOM | UPPER        | NO            |
| DANCILATES  | 9.00 – 9.30 | RAMSBOTTOM | UPPER        | YES           |

### TUESDAY

| CLASS   | TIME        | WHERE      | WHICH STUDIO | FOR BEGINNERS |
|---|-------------|------------|--------------|---------------|
| TAP   | 7.30 – 8.30 | WATERFOOT  | LOWER 2      | NO            |
| BALLET  | 8.30 – 9.30 | WATERFOOT  | LOWER 2      | YES           |
| BALLROOM, LATIN &<br>SEQUENCE LEVEL 3<br><small>NOT INCLUDED IN THE MONTHLY<br/>SAVER</small> | 7.30 – 8.30 | WATERFOOT  | UPPER 4      | NO            |
| BELLY/<br>BHANGRACISE   | 6.30 – 7.00 | RAMSBOTTOM | UPPER        | YES           |
| ZUMBA FITNESS   | 7.00 – 8.00 | RAMSBOTTOM | UPPER        | YES           |
| WESTERN LINE  | 8.00 – 9.00 | RAMSBOTTOM | UPPER        | YES           |

### WEDNESDAY

| CLASS  | TIME        | WHERE     | WHICH STUDIO | FOR BEGINNERS |
|--|-------------|-----------|--------------|---------------|
| KEEP FIT FOR THE OVER 60's WITH JUDITH ROBBINS<br><small>NOT INCLUDED IN THE MONTHLY SAVER</small> | 10.00-11.00 | WATERFOOT | UPPER 4      | YES           |
| BALLROOM, LATIN & SEQUENCE LEVEL 2   | 7.00 - 8.00 | WATERFOOT | UPPER 4      | NO            |
| SALSACISE  | 8.00 – 8.45 | WATERFOOT | LOWER 2      | YES           |
| BALLROOM, LATIN & SEQUENCE LEVEL 1   | 8.45 - 9.45 | WATERFOOT | UPPER 4      | YES           |

### THURSDAY

| CLASS         | TIME        | WHERE      | WHICH STUDIO | FOR BEGINNERS |
|---------------|-------------|------------|--------------|---------------|
| WESTERN LINE  | 12.30 -1.30 | WATERFOOT  | UPPER 4      | YES           |
| ZUMBA FITNESS | 1.30 – 2.30 | WATERFOOT  | UPPER 4      | YES           |
| SALSACISE     | 6:30 – 7.15 | RAMSBOTTOM | LOWER        | YES           |

### FRIDAY

| CLASS  | TIME        | WHERE     | WHICH STUDIO | FOR BEGINNERS |
|--|-------------|-----------|--------------|---------------|
| BALLROOM, LATIN & SEQUENCE LEVEL 4<br><small>NOT INCLUDED IN THE MONTHLY SAVER</small> | 7.30 – 8.30 | WATERFOOT | UPPER 4      | NO            |

FOR ENTRY TO UNLIMITED CLASSES AT WATERFOOT AND/OR RAMSBOTTOM MONTHLY SAVER TICKETS ARE AVAILABLE AT **JUST £22.99!**

THIS CONTINUES TO BE AN UNBEATABLE OFFER WITH NO OBLIGATIONS –  
THE CHOICE IS YOURS!!

PAY AS YOU GO IS ALSO AVAILABLE –

£4 PER HOUR, £3 PER ¾ HOUR, £2 PER ½ HOUR CLASSES (ALSO UNBEATABLE!!)