



WATERFOOT CENTRE : 52 BRIDLEWAY, WATERFOOT, ROSSENDALE BB4 9DS  
 RAMSBOTTOM CENTRE : BUCHANAN SPORTS & SOCIAL CLUB, BUCHANAN STREET, RAMSBOTTOM BL0 9JF  
 T : 01706 211161 E : [info@rddc.co.uk](mailto:info@rddc.co.uk) W : [www.rddc.co.uk](http://www.rddc.co.uk)

## WELCOME TO OUR ADULT TIMETABLE MAY 2018

OUR FABULOUS TEAM OF DANCE AND FITNESS TEACHERS LOOK FORWARD TO WELCOMING YOU OUR EXCITING RANGE OF CLASSES FOR ANYONE AGED 14YRS AND ABOVE!

### MONDAY

CLASS	TIME	WHERE	WHICH STUDIO	FOR BEGINNERS?
<b>STREET CREW</b> (COMPETITIVE STREET CREW)	8.00-9.00	WATERFOOT	STUDIO 4	YES
<b>ZUMBA FITNESS</b>	5.30-6.30	RAMSBOTTOM	LOWER	YES
<b>CLUB FIT</b>	6.30-7.30	RAMSBOTTOM	LOWER	YES
<b>TAP</b>	7.30-8.00	RAMSBOTTOM	UPPER	<b>NO</b>
<b>LEGS, BUMS &amp; TUMS</b>	7.30-8.30	RAMSBOTTOM	LOWER	YES
<b>BALLET</b>	8.00-9.00	RAMSBOTTOM	UPPER	<b>NO</b>
<b>DANCILATES</b>	9.00-9.30	RAMSBOTTOM	UPPER	YES

### TUESDAY

CLASS	TIME	WHERE	WHICH STUDIO	FOR BEGINNERS?
<b>CLUB FIT</b>	7.30-8.30	WATERFOOT	STUDIO 4	YES
<b>TAP</b>	7.30-8.30	WATERFOOT	STUDIO 2	<b>NO</b>
<b>BALLET</b>	8.30-9.30	WATERFOOT	STUDIO 2	YES
<b>TAP</b>	7.00-7.30	RAMSBOTTOM	UPPER	YES
<b>BALLET</b>	7.30-8.00	RAMSBOTTOM	UPPER	YES
<b>ZUMBA FITNESS</b>	7.00-8.00	RAMSBOTTOM	LOWER	YES
<b>WESTERN LINE</b>	8.00-9.00	RAMSBOTTOM	LOWER	YES

## WEDNESDAY

CLASS	TIME	WHERE	WHICH STUDIO	FOR BEGINNERS?
KEEP FIT FOR THE OVER 60'S WITH JUDY ROBBINS (NOT INCLUDED IN THE MONTHLY SAVER)	10.00-11.00	WATERFOOT	STUDIO 4	YES
BALLROOM, LATIN & SEQUENCE LEVEL 3	7.00-8.00	WATERFOOT	STUDIO 4	NO
SALSACISE	8.00-8.45	WATERFOOT	STUDIO 4	YES
BALLROOM, LATIN & SEQUENCE LEVEL 2	8.45-9.45	WATERFOOT	STUDIO 4	YES

## THURSDAY

CLASS	TIME	WHERE	WHICH STUDIO	FOR BEGINNERS?
WESTERN LINE	12.30-1.30	WATERFOOT	STUDIO 4	YES
ZUMBA FITNESS	1.30-2.30	WATERFOOT	STUDIO 4	YES
SALSACISE	6.30-7.15	RAMSBOTTOM	LOWER	YES

## FRIDAY

CLASS	TIME	WHERE	WHICH STUDIO	FOR BEGINNERS?
BALLROOM, LATIN & SEQUENCE LEVEL 4	7.30-8.30	WATERFOOT	STUDIO 4	NO

FOR ENTRY TO UNLIMITED CLASSES AT WATERFOOT AND/OR RAMSBOTTOM MONTHLY SAVER TICKETS ARE AVAILABLE AT  
**JUST £17.99!** THIS CONTINUES TO BE AN UNBEATABLE OFFER WITH NO OBLIGATIONS – THE  
CHOICE IS YOURS!!  
PAY AS YOU GO IS ALSO AVAILABLE –

£4 PER HOUR, £3 PER ¾ HOUR, £2 PER ½ HOUR CLASSES (ALSO UNBEATABLE!!)