



WATERFOOT CENTRE : 52 BRIDLEWAY, WATERFOOT, ROSSENDALE BB4 9DS
 RAMSBOTTOM CENTRE : BUCHANAN SPORTS & SOCIAL CLUB, BUCHANAN STREET, RAMSBOTTOM BL0 9JF
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WELCOME TO OUR ADULT TIMETABLE 2018

OUR FABULOUS TEAM OF DANCE AND FITNESS TEACHERS LOOK FORWARD TO WELCOMING YOU OUR EXCITING RANGE OF CLASSES FOR ANYONE AGED 14YRS AND ABOVE!

MONDAY

CLASS	TIME	WHERE	WHICH STUDIO	FOR BEGINNERS?
STREET CREW (COMPETITIVE STREET CREW)	8.00 - 9.00	WATERFOOT	STUDIO 4	YES
ZUMBA FITNESS	5.30 - 6.30	RAMSBOTTOM	LOWER	YES
BALLET	6.30 – 7.15	RAMSBOTTOM	UPPER	YES
TAP	7.15 – 8.00	RAMSBOTTOM	UPPER	NO
LEGS, BUMS & TUMS	7.30 - 8.30	RAMSBOTTOM	LOWER	YES
BALLET	8.00 - 9.00	RAMSBOTTOM	UPPER	NO
DANCILATES	9.00 - 9.30	RAMSBOTTOM	UPPER	YES

TUESDAY

CLASS	TIME	WHERE	WHICH STUDIO	FOR BEGINNERS?
CLUB FIT	7.30-8.30	WATERFOOT	STUDIO 4	YES
TAP	7.30-8.30	WATERFOOT	STUDIO 2	NO
BALLET	8.30-9.30	WATERFOOT	STUDIO 2	NO
LEGS, BUMS & TUMS	8.30-9.30	WATERFOOT	STUDIO 4	YES
TAP	7.15 – 8.00	RAMSBOTTOM	UPPER	YES
WESTERN LINE	8.00-9.00	RAMSBOTTOM	LOWER	YES

WEDNESDAY

CLASS	TIME	WHERE	WHICH STUDIO	FOR BEGINNERS?
KEEP FIT FOR THE OVER 60'S WITH JUDY ROBBINS (NOT INCLUDED IN THE MONTHLY SAVER)	10.00-11.00	WATERFOOT	STUDIO 4	YES
NEW STRICTLY FEVER BALLROOM, LATIN & SEQUENCE	7.00 -8.00	WATERFOOT	STUDIO 4	YES
ACRO	8.15 – 9.00	WATERFOOT	STUDIO 2	YES
SALSACISE	8.00 - 8.45	WATERFOOT	STUDIO 4	YES
BALLROOM, LATIN & SEQUENCE	8.45 - 9.45	WATERFOOT	STUDIO 4	NO

THURSDAY

CLASS	TIME	WHERE	WHICH STUDIO	FOR BEGINNERS?
LINE DANCING	12.30-1.30	WATERFOOT	STUDIO 4	YES
ZUMBA FITNESS	1.30-2.30	WATERFOOT	STUDIO 4	YES
SALSACISE	6.30-7.15	RAMSBOTTOM	LOWER	YES

FRIDAY

CLASS	TIME	WHERE	WHICH STUDIO	FOR BEGINNERS?
BALLROOM, LATIN & SEQUENCE	7.30-8.30	WATERFOOT	STUDIO 4	NO

**ALL CLASSES ARE PAY
AS YOU GO!**
**£4 PER HOUR, £3 PER ¾
HOUR, £2 PER ½ HOUR
CLASSES (ALSO
UNBEATABLE!!)**

**OR PURCHASE OUR
UNLIMITED CLASS OFFER
FOR JUST £20 A MONTH!**