



WATERFOOT CENTRE : 52 BRIDLEWAY, WATERFOOT, ROSSENDALE BB4 9DS
 RAMSBOTTOM CENTRE : BUCHANAN SPORTS & SOCIAL CLUB, BUCHANAN STREET, RAMSBOTTOM BL0 9JF
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WELCOME TO OUR ADULT TIMETABLE 2018

OUR FABULOUS TEAM OF DANCE AND FITNESS TEACHERS LOOK FORWARD TO WELCOMING YOU OUR EXCITING RANGE OF CLASSES FOR ANYONE AGED 14YRS AND ABOVE!

MONDAY

CLASS	TIME	WHERE	STUDIO	BEGINNERS	COST
PARENT STREET CREW	8.00 - 9.00	WATERFOOT	STUDIO 4	NO	£4
ZUMBA FITNESS	5.30 - 6.30	RAMSBOTTOM	LOWER	YES	£4
BALLET	6.30 – 7.15	RAMSBOTTOM	UPPER	YES	£3
TAP	7.15 – 8.00	RAMSBOTTOM	UPPER	NO	£3
LEGS, BUMS & TUMS	7.30 - 8.30	RAMSBOTTOM	LOWER	YES	£4
BALLET	8.00 - 9.00	RAMSBOTTOM	UPPER	NO	£4
DANCILATES	9.00 - 9.30	RAMSBOTTOM	UPPER	YES	£2

TUESDAY

CLASS	TIME	WHERE	STUDIO	BEGINNERS	COST
CLUB FIT	7.30-8.30	WATERFOOT	STUDIO 4	YES	£4
TAP	7.30-8.30	WATERFOOT	STUDIO 2	NO	£4
BALLET	8.30-9.30	WATERFOOT	STUDIO 2	NO	£4
LEGS, BUMS & TUMS	8.30-9.30	WATERFOOT	STUDIO 4	YES	£4
TAP	7.15 – 8.00	RAMSBOTTOM	UPPER	YES	£3
WESTERN LINE	8.00-9.00	RAMSBOTTOM	LOWER	YES	£4

WEDNESDAY

CLASS	TIME	WHERE	STUDIO	BEGINNERS	COST
KEEP FIT FOR THE OVER 60'S WITH JUDY ROBBINS (NOT INCLUDED IN THE MONTHLY SAVER)	10.00-11.00	WATERFOOT	STUDIO 4	YES	-
STRICTLY FEVER BALLROOM, LATIN & SEQUENCE	7.00 – 8.00	WATERFOOT	STUDIO 4	YES	£4
ACRO	8.15 – 9.00	WATERFOOT	STUDIO 2	YES	£3
NEW FOR NOVEMBER ADULT DRAMA WITH JAYNE BUCHANAN (NOT INCLUDED IN THE MONTHLY SAVER)	8.00 - 9:30	RAMSBOTTOM	UPPER	YES	£15

THURSDAY

CLASS	TIME	WHERE	STUDIO	BEGINNERS	COST
LINE DANCING	12.30-1.30	WATERFOOT	STUDIO 4	YES	£4
ZUMBA FITNESS	1.30-2.30	WATERFOOT	STUDIO 4	YES	£4
SALSACISE	6.30-7.15	RAMSBOTTOM	LOWER	YES	£3

ALL CLASSES ARE PAY AS YOU GO, OR YOU CAN PURCHASE OUR MONTHLY SAVER TICKET FOR UNLIMITED CLASSES

AT BOTH BRANCHES FOR ONLY £20!!!!

UNBEATABLE PRICES!

NO SIGN UP FEE!

COME ALONG AND START TODAY!