



WATERFOOT CENTRE : 52 BRIDLEWAY, WATERFOOT, ROSSENDALE BB4 9DS  
 RAMSBOTTOM CENTRE : BUCHANAN SPORTS & SOCIAL CLUB, BUCHANAN STREET, RAMSBOTTOM BL0 9JF  
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## WELCOME TO OUR ADULT TIMETABLE 2019

OUR FABULOUS TEAM OF DANCE AND FITNESS TEACHERS LOOK FORWARD TO WELCOMING YOU OUR EXCITING RANGE OF CLASSES FOR ANYONE AGED 14YRS AND ABOVE!

### MONDAY

CLASS	TIME	WHERE	STUDIO	BEGINNERS	COST
ZUMBA FITNESS	5.30 - 6.30	RAMSBOTTOM	LOWER	YES	£4
BALLET	6.30 – 7.15	RAMSBOTTOM	UPPER	YES	£3
TAP	7.15 – 8.00	RAMSBOTTOM	UPPER	NO	£3
LEGS, BUMS & TUMS	7.30 - 8.30	RAMSBOTTOM	LOWER	YES	£4
BALLET	8.00 - 9.00	RAMSBOTTOM	UPPER	NO	£4
DANCILATES	9.00 - 9.30	RAMSBOTTOM	UPPER	YES	£2

### TUESDAY

CLASS	TIME	WHERE	STUDIO	BEGINNERS	COST
CLUB FIT	7.30-8.30	WATERFOOT	STUDIO 4	YES	£4
TAP	7.30-8.30	WATERFOOT	STUDIO 2	NO	£4
BALLET	8.30-9.30	WATERFOOT	STUDIO 2	NO	£4
LEGS, BUMS & TUMS	8.30-9.30	WATERFOOT	STUDIO 4	YES	£4
TAP	7.15 – 8.00	RAMSBOTTOM	UPPER	YES	£3
WESTERN LINE	8.00-9.00	RAMSBOTTOM	LOWER	YES	£4

## WEDNESDAY

CLASS	TIME	WHERE	STUDIO	BEGINNERS	COST
KEEP FIT FOR THE OVER 60'S WITH JUDY ROBBINS (NOT INCLUDED IN THE MONTHLY SAVER)	10.00-11.00	WATERFOOT	STUDIO 4	YES	-
STRICTLY FEVER BALLROOM, LATIN & SEQUENCE	7.15 – 8.15	WATERFOOT	STUDIO 4	YES	£4
ACRO	8.15 – 9.00	WATERFOOT	STUDIO 2	YES	£3
BODY BOOT CAMP WITH EMILY	7.00 - 8.00	RAMSBOTTOM	UPPER	YES	£4
ADULT DRAMA WITH JAYNE BUCHANAN (NOT INCLUDED IN THE MONTHLY SAVER)	8.00 - 9:30	RAMSBOTTOM	UPPER	YES	£15

## THURSDAY

CLASS	TIME	WHERE	STUDIO	BEGINNERS	COST
LINE DANCING	12.30-1.30	WATERFOOT	STUDIO 4	YES	£4
ZUMBA FITNESS	1.30-2.30	WATERFOOT	STUDIO 4	YES	£4
SALSACISE	6.30-7.15	RAMSBOTTOM	LOWER	YES	£3

**ALL CLASSES ARE PAY AS YOU GO, OR YOU CAN PURCHASE OUR MONTHLY SAVER TICKET FOR UNLIMITED CLASSES**

**AT BOTH BRANCHES FOR ONLY £20!!!!**

**UNBEATABLE PRICES!**

**NO SIGN UP FEE!**

**COME ALONG AND START TODAY!**